



Follow these steps to connect with Amwell through the app:

- Grab your BCBSVT ID card and have your medical history nearby, as you'll need certain information in order to use Amwell.
- Search for and download the Amwell app from the Apple App Store (if you have an Apple Device) or from the Google Play Store (if you have an Android device)
- Install the app—you open the app by finding an icon on your device that looks like a heart with a checkmark in it.
- Open the app and register for your virtual visit in order to access benefits through your health plan (self-pay options are also available through Amwell).

- Select Blue Cross and Blue Shield of Vermont from the drop-down menu in the health plan field.
- When prompted, enter your Subscriber ID from your BCBSVT ID card.
- When prompted select the type of service you want.
- Next, you'll see a list of providers available to you. Select the provider you'd like to see, or simply wait for the next available provider.
- You will next need to answer some questions about the problem for which you're seeking care and some general information about your health status and history.
- That's it! You'll next watch a short Amwell welcome video and go to the virtual "waiting room" for your provider.
- If you can't wait, you can also schedule an appointment for a time that is convenient for you.





Download the Amwell app and enroll today!

The online app contains many features to make your visit more effective. Find icons for the following on the bottom of your screen:

- Adjust your settings.
- Take photos and send them to your provider.
- Adjust the volume or mute the microphone on your device.
- Receive a post-visit report about your visit that you can share with your PCP.

Telemedicine services provided by:



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